

Breakthrough Blueprint

Name Kyle Ivey Date 1/7/15 Sponsor/Session University of Cincinnati
My commitment to a healthy disregard for the impossible

What ideal future do I want to create, and for whom? **(VISION)**

I WANT TO CREATE A FUTURE IN WHICH ANY LIVING THING HAS A VOICE THAT IS HEARD, CONSIDERED & RESPECTED.

What challenging goals will result in a breakthrough toward this ideal future? **(STRETCH GOALS)**

- THE END OF INSTITUTIONAL MASSACRE OF ANIMALS FOR FOOD

What realistic goals will help me get started on my vision? **(MANAGEABLE GOALS)**

- EDUCATING PEOPLE ON HOW VEGANISM CAN BENEFIT THE INDIVIDUAL
- TEACHING / SHOWING OTHERS THE STEPS THEY CAN TAKE TO LEADING A GUILT-FREE & HEALTHIER LIFESTYLE.

With whom do I need to connect to ensure success for my vision and goals? **(RELATIONSHIPS)**

- I NEED TO CONNECT W/ PEOPLE WHO ARE INTRIGUED / INSPIRED BY MY VISION.
- I NEED TO CONNECT TO PEOPLE WHO HAVE QUESTIONS OR FEEDBACK REGARDING THIS VISION.

What immediate steps will I take to jump-start this breakthrough? **(ACTION PLANNING)**

- I'M GOING TO ~~FURT~~ DELVE DEEPER INTO RESEARCH ~~AND~~ IN ORDER TO FORMULATE STRONGER METHODS OF ACHIEVING MY GOALS.
- I'M GOING TO BEGIN CONNECTING W/ PEOPLE & START FORMING RELATIONSHIPS.

DO NOT COMPLETE THIS BOX UNTIL DAY 5 AFTERNOON

LEAD WITH INTEGRITY™

MY CORE VALUES

LOVE
OPTIMISM
OPENNESS
LOYALTY
ACCEPTANCE
HEALTH

Principles that guide my actions...

MINIMALISM
VEGANISM
FEMINISM

- FEARLESSNESS
- COMPASSION
- INCLUSIVITY

I want to be the kind of person who...

LEADS WITH CONVICTION, OPENNESS & INTEGRITY
INSPIRES OTHERS TO LIVE FEARLESSLY & HEALTHFULLY